



Powerful Questions

Resources

How aligned are your resources to this goal?

What critical resource are you lacking?

How will this tax your resources?

Which of your strengths might you use here?

Instinct

What does your instinct tell you?

What feels right?

If you had to choose right now, what would you choose?

What does your heart tell you?

Roles

Who do others see you as being?

Who do you feel yourself to be?

What role do you play in this?

Past Experience

What have you learned?

What did you do when faced with something similar in the past?

How is this different than before?

What progress have you made?

Other People

Who else is involved?

How will this affect others?

Who can help?



Wants/Ideals

What do you want?

What is the ideal?

What if everything worked out well?

What are you shooting for?

What is the next step?

What are you ready to commit to?

Values

Which of your values does this speak to?

Why is this important to you?

What impact do you want to make?

Feelings

How does that make you feel?

What feeling would you like?

Where is your energy?

What are you most passionate about?

What is this feeling telling you?

If you didn't take action, how would you feel?

Challenge

What are you willing to sacrifice for this?

How will this make you better?

What more could you do?