

45 Common Strengths

RELATING	THINKING	SELF	ACCOMPLISHMENT
Communication	Generative	Restriction	Activity
Empathic	Creativity	Authenticity	Action
Explainer	Optimism	Calm	Competition
Honesty	Originality	Humility	Focus
Listener	Evaluation	Integrity	Improviser
Storyteller	Analytical	Patience	Initiative
Connection	Objectivity	Self-Control	Perseverance
Fairness	Perceptive	Expansion	State
Forgiveness	Exploring	Adaptable	Bravery
Generosity	Curious	Gratitude	Detail
Kindness	Learner	Growth	Improver
Loyalty	Intellectual		Organized
Influence	Open-minded		Planner
Assertiveness			
Humor			
Leadership			
Persuasion			
Teamwork			

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