

# Gut Treatment SIBO Action Steps

1. Use the PDF generator to create the antimicrobial protocol handout with your clinic's branding so that you can share it with your patients.
2. Use the PDF generator to create the pediatric SIBO and gut dysbiosis treatment protocol handout with your clinic's branding.
3. Prescribe the core botanical protocol to a patient, friend, or family member with SIBO, and discuss the results on the ADAPT Discussion Forum.
4. Many patients have questions regarding what is the best diet to follow during SIBO treatment. Practice explaining the concept "Gotta feed 'em to kill 'em!" with a patient, a study partner, a friend, or a family member.
5. Listen to RHR: **SIBO Update—An Interview with Dr. Mark Pimentel**
  - What did you take away from listening to this podcast? Post one thing you learned or a question to the ADAPT Discussion Forum.
6. Listen to RHR: **New Treatment for SIBO and IBS-C—with Dr. Kenneth Brown**
  - What did you take away from listening to this podcast? Post one thing you learned or a question to the ADAPT Discussion Forum.