

# Blood Chem Hyperglycemia Action Steps

1. Use the PDF generator to create the diet and lifestyle for blood sugar disorders handout with your clinic's branding so that you can share it with your patients.
2. Use the PDF generator to create the monitoring glucose handout with your clinic's branding so that you can share it with your patients.
3. Add the following additional markers for hyperglycemia to your electronic health record so you can easily order it for patients.
  - a. Markers with LabCorp test codes
    - i. GGT: Code 82977
    - ii. Uric acid: Code 84550
    - iii. Fasting insulin: Code 83525
    - iv. Fructosamine: Code 82985
4. Practice explaining why fasting glucose is the least sensitive marker for predicting future diabetes and heart disease to a patient, a colleague, a friend, or a family member.