

# Hyperglycemia and Hypoglycemia Treatment Action Steps

1. Use the PDF generator to create the intermittent fasting handout with your clinic's branding so that you can share it with your patients.
2. Use the PDF generator to create the potato hack handout with your clinic's branding so that you can share it with your patients.
3. Add the following additional markers for hypoglycemia to your electronic health record so you can easily order it for patients.
  - a. Markers with LabCorp test codes
    - i. Fasting glucose: Code 82977
    - ii. C-peptide: Code 84681
    - iii. Beta-hydroxybutyrate: Code 82010
    - iv. Proinsulin: Code 84206
4. Add the recommended supplements for treatment of both hyperglycemia and hypoglycemia, such as Metabolic Synergy and GlucoSupreme from Designs for Health, to your clinic's supplement list or to your electronic health record, and include dose instructions from this week so that you can easily provide these to your patients.