

Gut Diagnosis: Stool Testing Action Steps

- 1. Set up an account with one or more of the stool testing companies:
 - Doctor's Data: https://www.doctorsdata.com/create-an-account/
 - Genova Diagnostics: https://www.gdx.net/clinicians/how-to-order-testing
 - Diagnostic Solutions Laboratory:
 https://www.diagnosticsolutionslab.com/clinicians/order-test-kits
- 2. Read about each stool test and review the stool specimen collection instructions. What common questions might your patients ask after reading the instructions? You may want to preemptively address those questions in your notes and during the appointment. Also, if you have a different preference when it comes to lab preparation, consider adjusting the test collection instructions accordingly.
 - Doctor's Data:
 - GI360 test information and collection instructions
 - Genova Diagnostics:
 - o GI Effects Comprehensive Profile test information
 - Collection instructions: 1-day, 3-day
 - Diagnostic Solutions Laboratory:
 - GI-MAP test information
 - Collection instructions
- 3. Practice discussing the results of these comprehensive stool tests with a partner or set up a clinician consult with the lab directly.

kresserinstitute.com 1