

Gut Pathology Action Steps

1. Explain the concept of increased intestinal permeability to a patient or partner.
2. Create a list with symptoms of bile and pancreatic insufficiency.
3. Additionally create a list of therapy options to treat bile and pancreatic insufficiency.
4. Hippocrates stated, "All disease begins in the gut." What did you learn this week that drives this point home for you? Post a comment in the ADAPT Discussion Forum to discuss.
5. Think of how you might explain the concept of molecular mimicry to a patient. Can you think of an analogy to use? Discuss this with your ADAPT partner.