

# Gut Treatment Dysbiosis and Parasites Action Steps

1. Practice explaining the two phases of treating dysbiosis or fungal overgrowth with your study partner or a friend or family member.
2. Use the PDF generator to create the dysbiosis protocol handout with your clinic's branding so that you can share it with your patients.
3. Prescribe the core botanical protocol to a patient or friend or family member with dysbiosis (or yourself), and discuss the results in the ADAPT Discussion Forum.