

Pediatric SIBO and Gut Dysbiosis Treatment Protocols

Pediatric Botanical Protocol

Therapeutic agent	Dosage
Biocidin (Bio-Botanical Research)	1 drop/10 lbs/d body weight in 2–3 doses Take 30 min before meals
CSA tincture (Woodland Essence)	2 drops/10 lbs/d body weight in 2–3 doses Take 30 min before meals
Lauricidin	Start with 1-3 pellets a day Increase to 8 pellets/10 lbs/d body weight in 2–3 doses
TerraFlora	1/2 capsule taken at lunch or before bed Can be mixed with food or beverage
Atrantil (optional) ¹	Only for kids that can swallow capsules; ages 7-11: 1 cap BID; ages 12-17: 1 cap TID
Lactobacillus plantarum (optional) ¹	1/4–1/2 capsule taken at lunch or before bed Can be mixed with food or beverage
Iberogast (optional) ²	3–6 y.o.: 10 drops TID; 6–12 y.o.: 15 drops TID; >12 y.o.: adult dose (20 drops TID) Take before meals

1: If methane is elevated

2: If there is constipation or other digestive distress

Pediatric Rifaximin Protocol

Children tend to respond faster, requiring shorter treatment duration. Minimum of seven days

Therapeutic agent	Dosage
Rifaximin	200 mg TID or 10-30 mg/kg/d of body weight Duration depends on LBT results
Lauricidin	Start with 1-3 pellets a day Increase to 8 pellets/10 lbs/d body weight in 2-3 doses
Atrantil (optional) ¹	Only for kids that can swallow capsules; ages 7-11: 1 cap BID; ages 12-17: 1 cap TID
Lactobacillus plantarum (optional) ¹	1/4-1/2 capsule taken at lunch or before bed Can be mixed with food or beverage
Iberogast (optional) ²	3-6 y.o.: 10 drops TID 6-12 y.o.: 15 drops TID >12 y.o.: adult dose (20 drops TID) Take before meals

treatment is recommended.

1: If methane is elevated

2: If there is constipation, other digestive distress, or evidence of decreased bile flow