

# Gut Treatment SIBO Action Steps

1. Use the PDF generator to create the antimicrobial protocol handout with your clinic's branding so that you can share it with your patients.
2. Use the PDF generator to create the pediatric SIBO and gut dysbiosis treatment protocol handout with your clinic's branding.
3. Recommend the core botanical protocol with appropriate additions to a patient, friend, or family member with SIBO, and discuss the results on the ADAPT Discussion Forum.
4. Many patients have questions regarding what is the best diet to follow during SIBO treatment. Practice explaining the concept of the different diet options and when they may be implemented to a patient, friend or family member.
5. Listen to RHR: **SIBO Update—An Interview with Dr. Mark Pimentel**
  - What did you take away from listening to this podcast? Post one thing you learned or a question to the ADAPT Community Discussion Forum.
6. Listen to RHR: **New Treatment for SIBO and IBS-C—with Dr. Kenneth Brown**
  - What did you take away from listening to this podcast? Post one thing you learned or a question to the ADAPT Community Discussion Forum.
7. Listen to **RHR: A New Understanding of SIBO and IBS—An Interview with Dr. Mark Pimentel**
  - What did you take away from listening to this podcast? Post one thing you learned or a question to the ADAPT Community Discussion Forum.