

Blood Chem Iron Overload Action Steps

1. Use the PDF generator to create the iron reduction strategies and determining HFE status with 23andMe.com handouts with your clinic's branding so that you can share it with your patients.
2. Use the PDF generator to create the FeGGT LifePro Score patient questionnaire handout with your clinic's branding so that you can share it with your patients, or bookmark the online calculator for The FeGGT LifePro Risk Score [here](#).

Also, print out or download the FeGGT LifePro Score clinician handout to use as a reference.

3. Add the recommended supplements for treating iron overload, Lactoferrin by Life Extensions and phytic acid to your clinic's supplement list or to your electronic health record, and include dose instructions from this week so that you can easily provide these to your patients.