

# Blood Chem Vitamin D Imbalance & Zinc-Copper Imbalance Action Steps

1. Use the PDF generator to create the optimizing copper and zinc levels handout with your clinic's branding so that you can share it with your patients.
2. Use the PDF generator to create the optimizing vitamin D level handout with your clinic's branding so that you can share it with your patients.
3. Add serum vitamin D, parathyroid, calcitriol, serum calcium, copper, and zinc to your electronic health record so you can easily order it for patients. For example:
  - a. Markers with LabCorp test codes
    - i. Vitamin D: Code 82306
    - ii. Parathyroid: Code 83970
    - iii. Calcitriol: Code 82652
    - iv. Serum calcium: Code 82310
    - v. Copper: Code 82525
    - vi. Zinc: Code 84630