

THEA Score Thyroid Risk Patient Questionnaire

Please fill out the form below or visit kresserinstitute.com/tools to have your score automatically calculated. Your score on this test will help to evaluate your risk of progressing to hypothyroidism or hyperthyroidism within the next five years.

1. TSH level (mIU/L)

- < 0.4
- 0.4-2.0
- > 2.0-4.0
- > 4.0-5.7
- > 5.7

2. TPO (thyroid peroxidase) antibodies (IU/mL)

- ≤ 100
- > 100-1,000
- > 1,000-10,000
- > 10,000

3. Do you have two or more blood relatives (children, brothers, sisters, parents, grandparents, uncles, or aunts) with Graves' disease?

- Yes
- No

4. Do you have two or more blood relatives (children, brothers, sisters, parents, grandparents, uncles, or aunts) with Hashimoto's disease?

- Yes
- No

Please bring this form with you to your next appointment for evaluation.